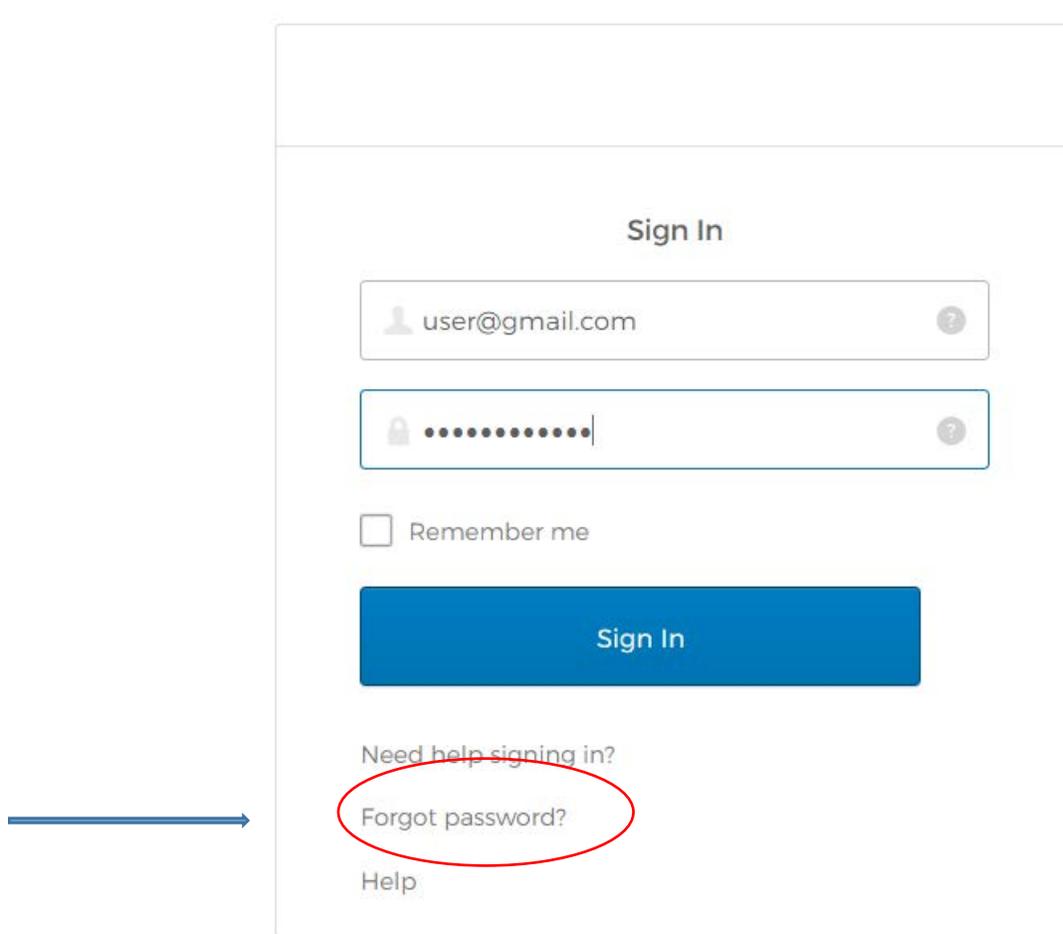


## How to Reset your Okta Password

Click the FORGOT PASSWORD link.



The image shows a screenshot of the Okta Sign In page. The page has a white background with a light gray border. At the top center, the text "Sign In" is displayed. Below this, there are two input fields: the first contains the email address "user@gmail.com" and the second contains a masked password represented by ten dots. To the right of each input field is a small circular icon with a question mark. Below the password field is a checkbox labeled "Remember me". A large blue button with the text "Sign In" is positioned below the checkbox. At the bottom of the page, there are three links: "Need help signing in?", "Forgot password?", and "Help". The "Forgot password?" link is circled in red, and a blue arrow points to it from the left side of the page.

You will be prompted to enter your username/email address.

**Note: Your username is your email address.**

Reset Password

Reset via Email

[Back to Sign In](#)

After clicking the RESET VIA EMAIL button, check your email. You should have received an email to reset your password. You will have an hour to reset it before the link expires.

Email sent!

Email has been sent to [jane.doe@acme.com](mailto:jane.doe@acme.com) with instructions on resetting your password.

[Back to Sign In](#)

## Example of Email

Hi Torina,

A password reset request was made for your Okta account. If you did not make this request, please contact your system administrator immediately.

Click this link to reset the password for your username, [\[redacted\]@\[redacted\].org](#):

Reset Password

This link expires in 1 hour.

**Next, you will be prompted to enter an answer to your security question then select Reset Password.**



## Answer Forgotten Password Challenge

What was the mascot of the first sports team you played on?

A rectangular text input field with a thin gray border. Inside the field, five black dots are visible, followed by a vertical cursor line on the right side, indicating that the password is hidden.

Show

Reset Password

[Back to sign in](#)

**You will have to create a new password. After creating the password, you should be able to access the CMA Instructor's Registration site.**



## Reset your Okta password

Password requirements:

- At least 8 characters
- A lowercase letter
- An uppercase letter
- A number
- No parts of your username
- Your password cannot be any of your last 4 passwords

New password

Repeat password

[Reset Password](#)

[Back to sign in](#)